

# CHINMAYA

## चिन्मय



Balvihar is a weekly gathering of children, between the ages of five to fifteen years that takes place in Chinmaya Mission Centres worldwide under the supervision of trained teachers. The main aim of this program is to nourish the cultural growth of the child

## 2019 learning programme

### GOKUL 5 yrs to 8 yrs

*Learning our culture in a fun and engaging way.*

Hanuman Chalisa with meaning

Vedic chanting & meanings

Arts & creativity

Celebrating & understanding our festivals



### VRINDAVAN 8+ yrs to 11 yrs

*This year we aim to deepen the understanding of the forms in our Vedic traditions and deeper meaning of symbolism.*

Deeper meaning of our cultural practices, rituals, God symbolism

Life stories of famous Hindu saints

Vedic chanting - meanings and benefits

Answers to common questions like - why do we light a lamp, why do we do pranams, why do we chant OM etc



### DWARKA 11 to 15 yrs

*This is a discussion group on a foundational text books of Chinmaya Mission.* The class will continue with the 'Game of Life' book by Swami Tejomayananda where Swamiji describes the game of life, unfolds its intricacies and gives clues and practical tips on how to play the game and come out a winner. Around mid year, the class will discuss the book 'I Love You letters to children' by Swami Chinmayananda where children will learn how to learn to expand and embrace the entire creation in a joyous vision of oneness that knows no barriers of 'I' and 'You'.



[www.chinmaya.org.nz](http://www.chinmaya.org.nz)

For more info, please email  
[balvihar@chinmaya.org.nz](mailto:balvihar@chinmaya.org.nz)

GOKUL CLASS CONTACT RAJI @ 0277331306

VRINDAVAN CLASS CONTACT MALA @ 021 100 0885

DWARKA CLASS CONTACT PRABHA @ 021 1308046